

MP-US-6923

Liberica

Robina fitness structure model Liberica

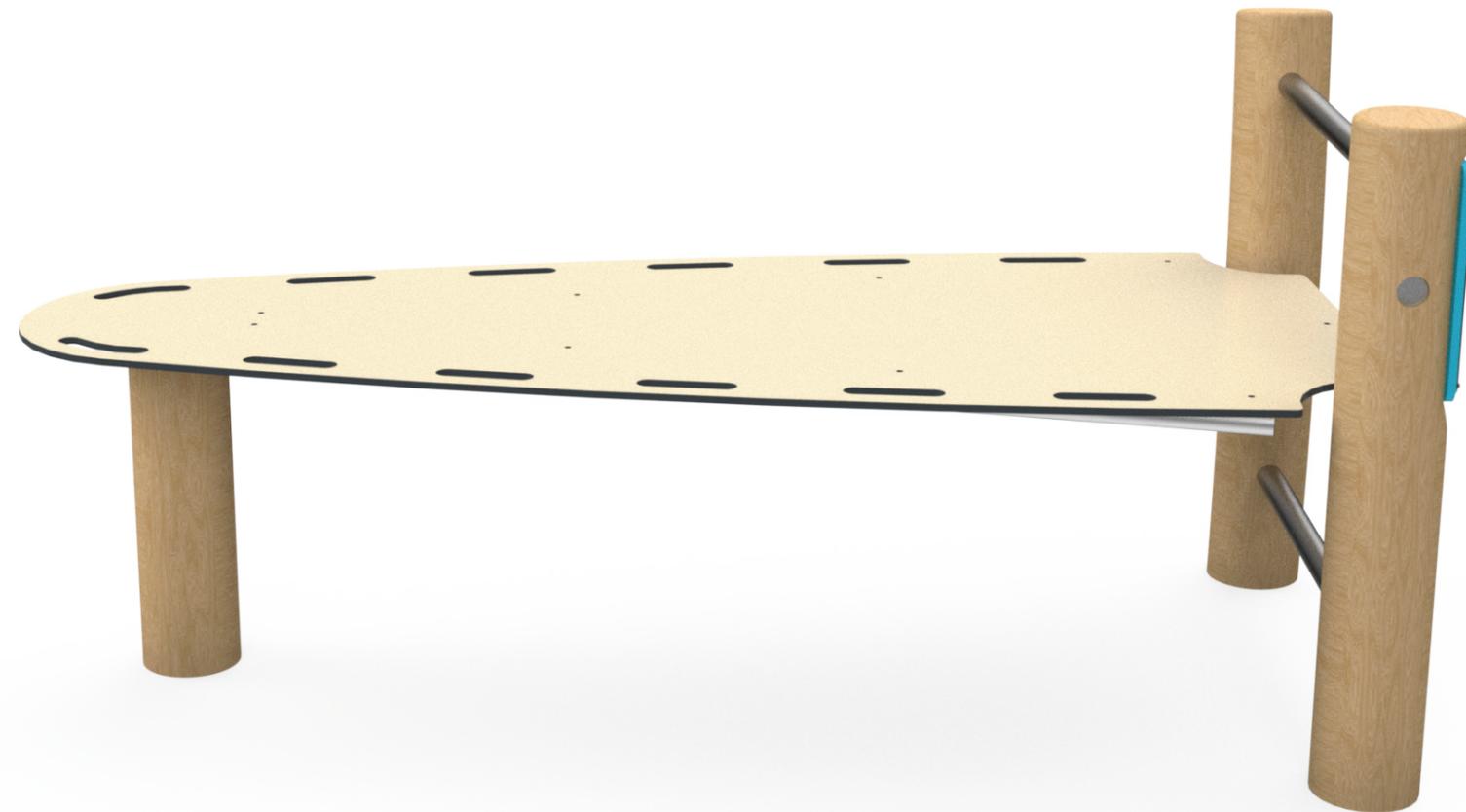
Steel: 

Recycled HDPE: 

Robinia Wood: 



Balancing



 Ages 5-12

 Users 1

 Dimensions L: 2'-1.3" W: 1'-2.6" H: 1'-3" | L: 66 W: 38 H: 39 cm

 Safety Zone: 17'-2.9" / 12'-7.1"

 Fall Height 1'-11.23" | 59 cm

 Accessible

The Liberica bench is an inclined workout station for abdominal, back, and limb muscle strengthening. Made of durable solid Robinia wood, it includes stainless steel handrails for support.

Its simple, natural design fits perfectly in outdoor gyms and offers a variety of exercises like sit-ups, push-ups, and leg lifts. Suitable for all fitness levels, it can be placed as a standalone or as part of a fitness course.



Robinia Wood

European Robinia wood is natural, robust, and durable, particularly suitable for use in outdoor playground equipment. It complies with stringent standards such as FSC, has a smooth and pleasant touch, a natural and authentic appearance, and integrates well with natural surroundings. Its high durability, long lifespan, and being a natural and safe material make it a popular choice for use in playground equipment.



Steel

Steel structure that is strong and durable, oven-painted galvanized and coated with lead-free polyester powder for corrosion and rust resistance. The steel meets strict EN 1176 standards, ensuring high quality and safety. The steel is anti-vandalistic, requires minimal maintenance, and is fully recyclable. The high-quality paint ensures weather resistance and maintains a new appearance over time.



Recycled HDPE

HDPE (High-Density Polyethylene) is a recycled material made from high-density polyethylene, produced from recycled materials that allows for further recycling. It excels in resistance to UV rays and wear and tear, making it particularly suitable for use in outdoor playground equipment. Its touch is smooth and pleasant, and its appearance is maintained over time. The advantages include high resistance to harsh weather conditions and environmental preservation. The material is capable of absorbing high energy, which helps prevent fractures.



Motor Development

Core muscle strengthening- Strengthening abdominal and back muscles through challenging equipment.



Physical Development

Balancing- Improving balance and posture.



Emotional Development

Perseverance- Encouraging perseverance and repeated attempts. Achievement- Developing a sense of accomplishment and satisfaction from success in challenging equipment.



Cognitive Development

Concentration- Developing the ability to focus and maintain attention in equipment requiring concentration. Regulation of force- Developing the ability to apply the right amount of force according to the activity.

