TMP-US-3101

6-Way Fitness

Fittness structure 6 challenges

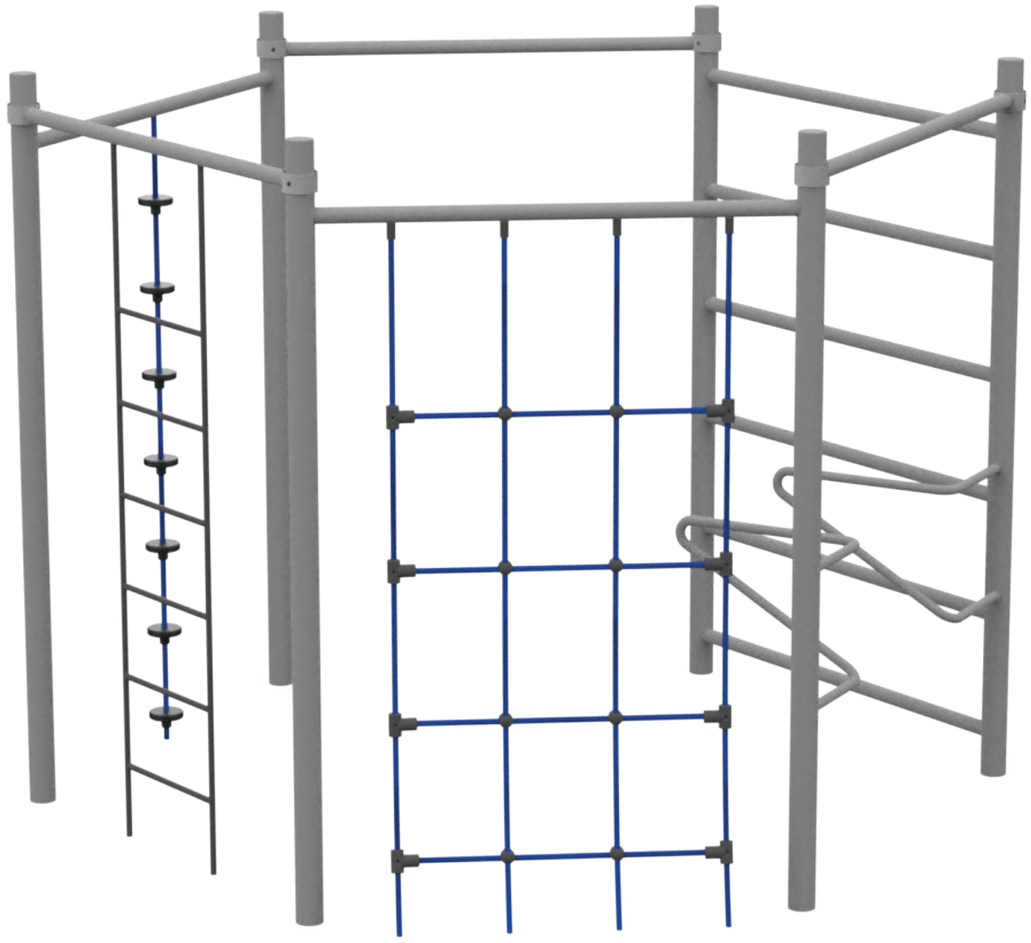
Steel:

Rope Cables:

Balancing

Hanging

Climbing



Ages 5-12

Users 16

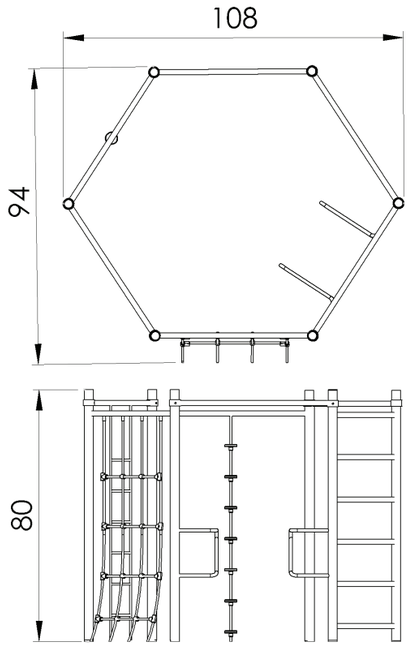
Dimensions L: 8'-10.4" W: 8'-5.4" H: 0" | L: 277 W: 264 H: 0 cm

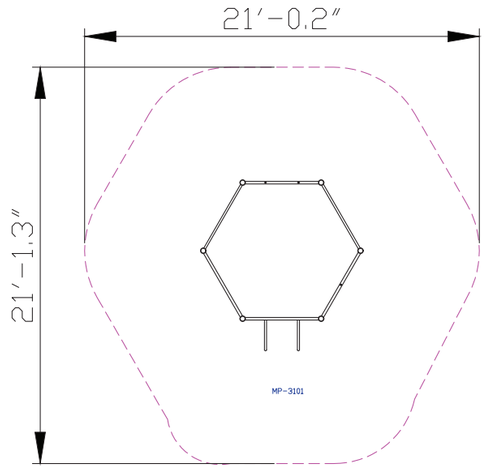
Safety Zone 21'-1.3"/21' | 643 / 640 cm

Fall Height 6'-8.6" | 210 cm

Accessible

The closed 6-Way Fitness hexagonal station is an advanced training apparatus designed for overall physical fitness development, combining various elements that challenge strength, coordination, and balance. It includes nets, ladders, and gripping bars, allowing users to practice a wide range of exercises such as climbing, hanging, maneuvering, and crawling.









Steel

Steel structure that is strong and durable, oven-painted galvanized and coated with lead-free polyester powder for corrosion and rust resistance. The steel meets strict EN 1176 and MATI 1498/1497 standards, ensuring high quality and safety. The steel is anti-vandalistic, requires minimal maintenance, and is fully recyclable. The high-quality paint ensures weather resistance and maintains a new appearance over time.



Rope Cables

Rope Cables are made of synthetic polypropylene (PP) fibers combined with a galvanized steel core for improved strength and durability. They meet strict standards such as MATI 1498/1497, ASTM A240, and EN 10088, ensuring durability and safety for use in playground equipment. The cables offer a soft and pleasant touch that does not harm the hands during use and are available in various diameters and colors, allowing for creative and aesthetic design.

Psagot Playgrounds



Hand and Foot Holds

Hand and foot holds provide support during play and use of the structure. Players develop their strength and coordination while maintaining stability and security.



Fitness Element

The fitness element allows players to develop their physical fitness through various activities such as climbing, pushing, and pulling. It encourages improvements in strength, endurance, and coordination, while emphasizing enjoyable and challenging physical activity.



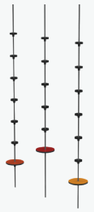
Rope ladder

The rope ladder provides vertical access to the play structure and encourages players to develop physical skills such as strength, coordination, and balance. Climbing the rope ladder strengthens hand and leg muscles and develops a sense of balance. The ladder encourages players to face challenges and develop flexibility and agility.



ladder

The ladder provides vertical access to the play structure and encourages players to develop physical skills such as strength, coordination, and balance. Climbing the ladder promotes courage and independence as players face heights and new challenges. The ladder strengthens hand and arm muscles and encourages proper body use.



Designed Climbing Element

The designed climbing element combines physical challenge with a unique and inviting design. Players develop physical skills such as strength, coordination, and balance while playing in a creative and designed environment. The unique design encourages players to play and explore, fostering their imagination and creativity.



Motor Development

Core muscle strengthening- Strengthening abdominal and back muscles through challenging equipment. Foot-eye coordination - Improving coordination and balance through various equipment. Hand-eye coordination - Developing coordination and precision in activities requiring fine motor skills.



Cognitive Development

Spatial awareness- Improving the ability to understand and navigate space through mazes and courses..



Emotional Development

Courage- Facing fears and new challenges. Confidence- Building self-confidence and belief in one's personal abilities. Independence- Developing independence and the ability to make personal decisions. Resilience- Coping with failure and trying again.



Physical Development

Jumping- Improving leg strength and balance.