TMP-US-3301

Monkey Bars

Fittness structure monkey bars

Steel:

Balancing

Hanging

Climbing



Ages 5-12

Users 4

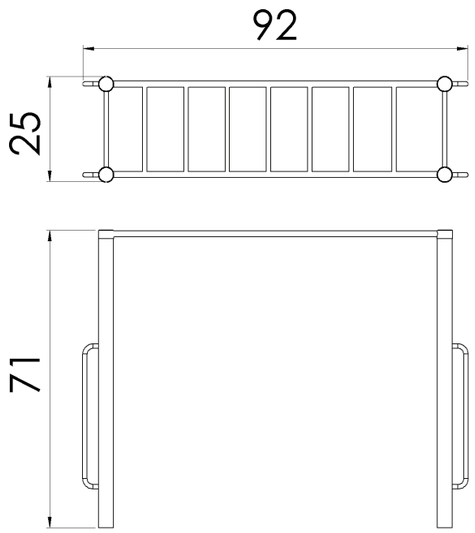
Dimensions L: 7'-0.5" W: 2'-0.2" H: 5'-9.1" | L: 220 W: 63 H: 180 cm

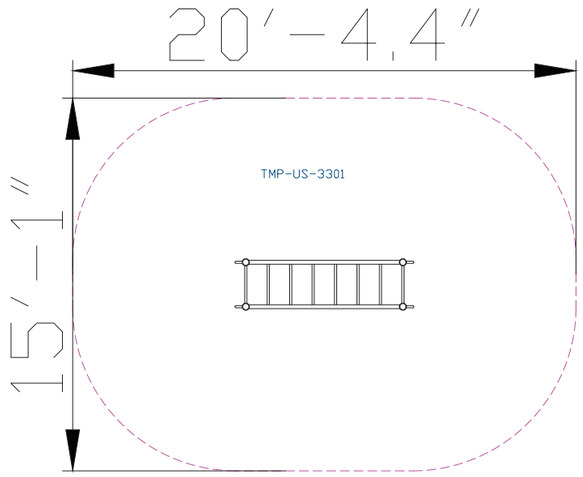
Safety Zone 20'-4.4"/15'-1" | 620 / 460 cm

Fall Height 6'-8.6" | 210 cm

Accessible

The Monkey Bars fitness structure is designed to develop upper body strength, improve coordination, and build endurance. It features a horizontal ladder that allows users to practice hand-walking, moving between the ladder rungs using alternating hand movements. This structure helps users strengthen their arm, shoulder, back, and core muscles, providing a challenging and enjoyable workout experience. This structure helps users strengthen their arm, shoulder, back, and core muscles, providing a challenging and enjoyable workout experience. It is suitable for integration into public fitness zones, parks, and playgrounds and is appropriate for users of all ages.









Steel

Steel structure that is strong and durable, oven-painted galvanized and coated with lead-free polyester powder for corrosion and rust resistance. The steel meets strict EN 1176 and MATI 1498/1497 standards, ensuring high quality and safety. The steel is anti-vandalistic, requires minimal maintenance, and is fully recyclable. The high-quality paint ensures weather resistance and maintains a new appearance over time.



Ladder

The ladder provides vertical access to the play structure and encourages players to develop physical skills such as strength, coordination, and balance. Climbing the ladder promotes courage and independence as players face heights and new challenges. The ladder strengthens hand and arm muscles and encourages proper body use.



Hand Walking Element

The hand-walking element strengthens upper body strength and develops coordination and balance in players. By moving using only their hands, players learn to control their movements, improve their motor skills, and strengthen their arms and shoulders. The height effect and the fact that their feet do not touch the ground add an extra dimension of challenge, requiring players to maintain balance and build self-confidence as they tackle a significant physical challenge.



Hand and Foot Holds

Hand and foot holds provide support during play and use of the structure. Players develop their strength and coordination while maintaining stability and security.



Motor Development

Foot-eye coordination - Improving coordination and balance through various equipment. Hand-eye coordination - Developing coordination and precision in activities requiring fine motor skills.



Cognitive Development

Spatial awareness- Improving the ability to understand and navigate space through mazes and courses..



Emotional Development

Courage- Facing fears and new challenges. Confidence- Building self-confidence and belief in one's personal abilities. Independence- Developing independence and the ability to make personal decisions. Resilience- Coping with failure and trying again. Perserverance- Encouraging perserverance and repeated attempts. Achievement- Developing a sense of accomplishment and satisfaction from success in challenging equipment.



Social Development

Cooperation- Encouraging joint work and reaching shared goals. Communication- Developing effective and clear communication skills with playmates.



Physical Development

Hanging - Strengthening arm, back, and shoulder muscles. Balancing- Improving balance and posture.