TSP-6926

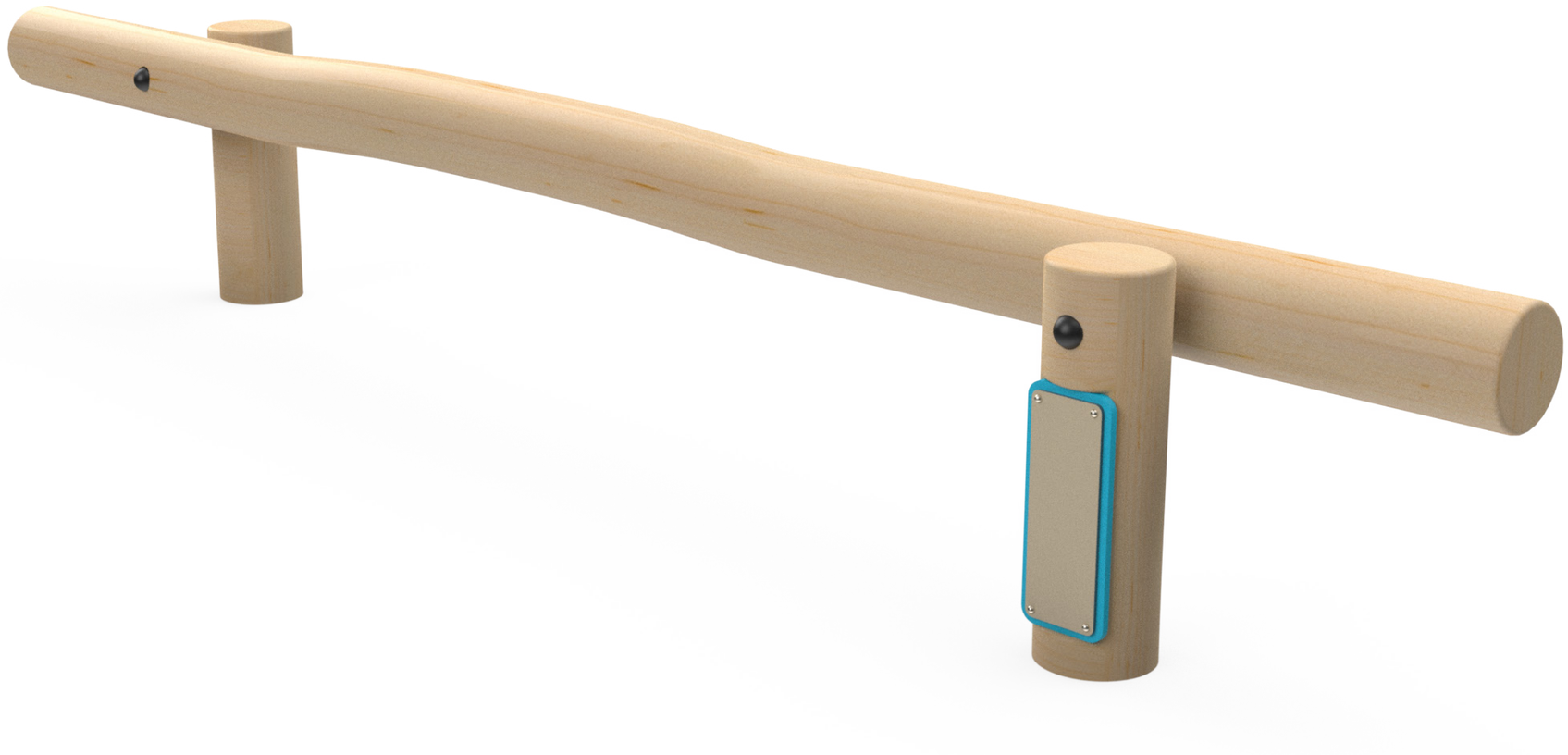
Arabica Balance Beam

Robina fitness structure model Arabica Balance Beam

Robinia Wood:

Balancing

Jumping



Ages 5-12

Users 3

Dimensions L: 9'-6.8" W: 1'-6" | L: 299 W: 47

Safety Zone: 24'-1.7" / 13'-8.2"

Accessible

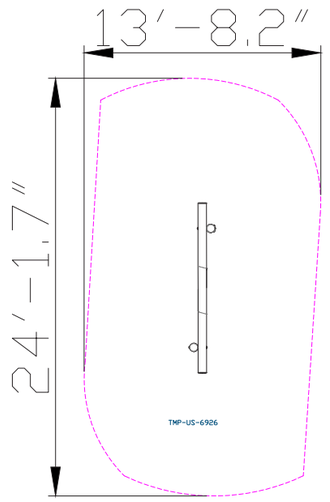
The Arabica Balance Beam is a natural wooden balance beam used for warm-up, posture improvement, and coordination challenge in outdoor gyms. Made of solid Robinia wood, it maintains an authentic look with a smooth and safe finish.

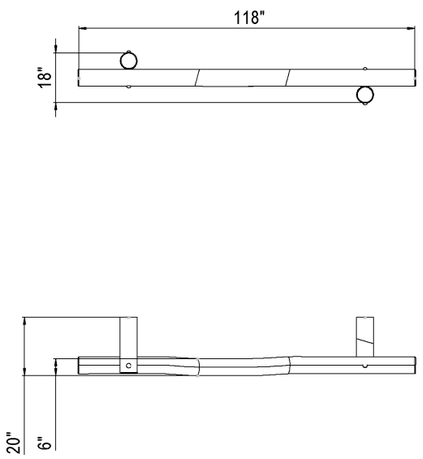
Designed for balance, it strengthens core muscles, ankles, and lower back. Ideal for use at the beginning or end of a workout circuit. Suitable for all ages and complements natural-themed fitness spaces.



Robinia Wood

European Robinia wood is natural, robust, and durable, particularly suitable for use in outdoor playground equipment. It complies with stringent standards such as FSC, has a smooth and pleasant touch, a natural and authentic appearance, and integrates well with natural surroundings. Its high durability, long lifespan, and being a natural and safe material make it a popular choice for use in playground equipment.







Physical Development

Jumping- Improving leg strength and balance. Balancing- Improving balance and posture.

Motor Development

Foot-eye coordination - Improving coordination and balance through various equipment. Core muscle strengthening- Strengthening abdominal and back muscles through challenging equipment.

Cognitive Development

Concentration- Developing the ability to focus and maintain attention in equipment requiring concentration.

Emotional Development

Courage- Facing fears and new challenges. Confidence- Building self-confidence and belief in one's personal abilities. Independence- Developing independence and the ability to make personal decisions. Patience- Practicing patience and waiting for one's turn. Resilience- Coping with failure and trying again. Achievement- Developing a sense of accomplishment and satisfaction from success in challenging equipment.